



## KEVI HWGA Curriculum Map

### Curriculum Purpose:

Context	Beyond KEVI HWGA:	PE can lead to further education through Sport courses usually by way of University degrees in the preferred area of study. The Sports Industry boasts a diverse range of career options, some of these include Teaching & Coaching, Sports Development & Management, Media & Marketing, Health & Fitness, Science and Sports Law.
	KS5	KS5 students taking the Sport enrichment programme will be receiving regular, healthful physical activity and will be taking part in competitive team and individual sports. The aim is to promote Sport within the academy through structured skill development and match play. KS5 will recap on techniques previously used but to a more advanced level and they will be introduced to new sports. Students will not need any entry requirements as the programme is open to everyone to promote healthy, active lifestyles for all.
	KS4	KS4 students will learn about the new and contemporary topics in Sport and develop a well-rounded skill set so they are prepared for progression to further studies. Sport and physical activity play a big part in leading healthy lifestyles. Aswell as being fun and enjoyable, taking part in exercise can also lead to stress reduction.
	KS3	In KS3 students are able to build on and embed the physical development and skills learned in key stages 1 and 2, become more competent, confident and expert in their techniques, and apply them across different sports and physical activities. They should understand what makes a performance effective and how to apply these principles to their own and others' work. They should develop the confidence and interest to get involved in exercise, sports and activities out of school and in later life, and understand and apply the long-term health benefits of physical activity.
	KS1/2 links	In KS1/2 students apply and develop a broad range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.



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<b>Big Qs</b> <i>Linked to NC</i>	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Year 11</b>	<b>Component 3</b> - Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity	<b>Component 3</b> - Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity	<b>Component 3</b> - Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity	<b>Component 3</b> - External Synoptic		
<b>HPL</b>	<b>Confident Big Picture Thinking</b>	<b>Big Picture Thinking Seeing Alternative Perspectives</b>	<b>Big Picture Thinking Generalisation</b>	<b>Self Regulation Speed and Accuracy</b>		
Key Knowledge, Concepts and skills	<b>AO1</b> Demonstrate knowledge of facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise	<b>AO2</b> Demonstrate an understanding of facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise	<b>AO3</b> Apply an understanding of facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise	<b>AO4</b> Make connections with concepts, facts, components of fitness, fitness tests, training methods/processes/principles in relation to improving fitness in sport and exercise		
Feedback & Assessment	Forms Quiz Starters Sample Assessment Material PSA Sample Material Regular Homestudy  <b>PSA set assignment WINDOW</b>	Forms Quiz Starters Sample Assessment Material PSA Sample Material Regular Homestudy Practice Exam Questions	Forms Quiz Starters Sample Assessment Material PSA Sample Material Regular Homestudy Practice Exam Questions	<b>Pearson External Assessment</b>		
<b>Year 10</b>	<b>Component 2</b> - Taking Part and Improving Other Participants Sporting Performance	<b>Component 2</b> - Taking Part and Improving Other Participants Sporting Performance	<b>Component 2</b> - Taking Part and Improving Other Participants Sporting Performance	<b>Component 1</b> - Preparing Participants to Take Part in Sport and Physical Activity	<b>Component 1</b> - Preparing Participants to Take Part in Sport and Physical Activity	<b>Component 1</b> - Preparing Participants to Take Part in Sport and Physical Activity
<b>HPL</b>	<b>Enquiring Connection Finding</b>	<b>Enquiring Connection Finding</b>	<b>Big Picture Thinking Self Regulation</b>	<b>Big Picture Thinking Self Regulation</b>	<b>Self Regulation Meta-Cognition</b>	<b>Resilience Connection Finding</b>
Key Knowledge, Concepts and skills	<b>Learning outcome A:</b> Understand how different components of fitness are used in different physical activities	<b>Learning Outcome B:</b> Be able to participate in sport and understand the roles and responsibilities of officials	<b>Learning Outcome C:</b> Demonstrate ways to improve participants sporting techniques.	<b>Learning outcome A:</b> Explore types and provision of sport and physical activity for different types of participant	<b>Learning outcome B:</b> Examine equipment and technology required for participants to use when taking part	<b>Learning outcome C:</b> Be able to prepare participants to take part in sport and physical activity.

					in sport and physical activity	
Feedback & Assessment	Forms Quiz Starters Sample Assessment Material PSA Sample Material Regular Homestudy	Forms Quiz Starters Sample Assessment Material PSA Sample Material Regular Homestudy	Forms Quiz Starters Sample Assessment Material PSA Sample Material Regular Homestudy  PSA set assignment WINDOW	Forms Quiz Starters Sample Assessment Material PSA Sample Material Regular Homestudy	Forms Quiz Starters Sample Assessment Material PSA Sample Material Regular Homestudy	Forms Quiz Starters Sample Assessment Material PSA Sample Material Regular Homestudy
Year 9	<i>How do we get students to use a range of tactics and strategies to overcome opponents in direct competition through team and individual games?</i>  Football Netball Volleyball Basketball Handball	<i>How do we get students to use a range of tactics and strategies to overcome opponents in direct competition through team and individual games?</i>  Football Netball Volleyball Basketball Handball	<i>How do we get students to develop their technique and improve their performance in other competitive sports and how do we get them to perform dances using advanced dance techniques within a range of dance styles and forms?</i>  Dance Gymnastics Fitness Badminton	<i>How do we get students to develop their technique &amp; improve their performance in other competitive sports &amp; how do we get them to perform dances using advanced dance techniques within a range of dance styles &amp; forms?</i>  Dance Gymnastics Fitness Badminton	<i>How do we get students to develop their technique and improve their performance in other competitive sports?</i>  Athletics	<i>How do we get students to use a range of tactics and strategies to overcome opponents in direct competition through team and individual games?</i>  Ultimate Frisbee Rounders Cricket
HPL	<i>Collaborative Connection Finding</i>	<i>Collaborative Connection Finding</i>	<i>Practice Big Picture Thinking</i>	<i>Confident Collaborative Resilience Speed and Accuracy</i>	<i>Speed and Accuracy Confident</i>	<i>Self-Regulation Resilience</i>
Key Knowledge, Concepts and skills	<i>Outwitting Opponents/Accurate Replication</i>	<i>Outwitting Opponents/Accurate Replication</i>	<i>Exploring &amp; Communicating/ Exercising Safely and Effectively</i>	<i>Exploring &amp; Communicating/ Exercising Safely and Effectively</i>	<i>Performing at Max Levels/Accurate Replication</i>	<i>Outwitting Opponents/Identifying &amp; Solving/Accurate Replication</i>
Feedback & Assessment	Homestudy set twice relevant to the Sport/Topic being taught. End of Unit Practical Grades x1 Assessment Booklet x1 Sports	Homestudy set twice relevant to the Sport/Topic being taught. End of Unit Practical Grades x1 Assessment Booklet x1 Sports	Homestudy set twice relevant to the Sport/Topic being taught. End of Unit Practical Grades x1 Assessment Booklet x1 Sports	Homestudy set twice relevant to the Sport/Topic being taught. End of Unit Practical Grades x1 Assessment Booklet x1 Sports	Homestudy set twice relevant to the Sport/Topic being taught. End of Unit Practical Grades x1	Homestudy set twice relevant to the Sport/Topic being taught. End of Unit Practical Grades x1

					Assessment Booklet x1 Sports EOY Practical Exam	Assessment Booklet x1 Sports
Year 8	<i>How do we get students to use a range of tactics and strategies to overcome opponents in direct competition through team and individual games?</i>	<i>How do we get students to use a range of tactics and strategies to overcome opponents in direct competition through team and individual games?</i>	<i>How do we get students to develop their technique and improve their performance in other competitive sports and how do we get them to perform dances using advanced dance techniques within a range of dance styles and forms?</i>	<i>How do we get students to develop their technique &amp; improve their performance in other competitive sports &amp; how do we get them to perform dances using advanced dance techniques within a range of dance styles &amp; forms?</i>	<i>How do we get students to develop their technique and improve their performance in other competitive sports?</i>	<i>How do we get students to use a range of tactics and strategies to overcome opponents in direct competition through team and individual games?</i>
	Football Netball Volleyball Basketball Handball	Football Netball Volleyball Basketball Handball	Dance Gymnastics Fitness Badminton	Dance Gymnastics Fitness Badminton	Athletics	Ultimate Frisbee Rounders Cricket
<b>HPL</b>	<b>Collaborative Connection Finding</b>	<b>Collaborative Connection Finding</b>	<b>Practice Big Picture Thinking</b>	<b>Confident Collaborative Resilience Speed and Accuracy</b>	<b>Speed and Accuracy Confident</b>	<b>Self-Regulation Resilience</b>
Key Knowledge, Concepts and skills	<b>Outwitting Opponents/ Accurate Replication</b>	<b>Outwitting Opponents/ Accurate Replication</b>	<b>Exploring &amp; Communicating/ Exercising Safely and Effectively</b>	<b>Exploring &amp; Communicating/ Exercising Safely and Effectively</b>	<b>Performing at Max Levels/Accurate Replication</b>	<b>Outwitting Opponents /Identifying &amp; Solving/Accurate Replication</b>
Feedback & Assessment	Homestudy set fortnightly relevant to the Sport/Topic being taught. End of Unit Practical Grades x2 Assessment Booklet x2 Sports	Homestudy set fortnightly relevant to the Sport/Topic being taught. End of Unit Practical Grades x2 Assessment Booklet x2 Sports	Homestudy set fortnightly relevant to the Sport/Topic being taught. End of Unit Practical Grades x2 Assessment Booklet x2 Sports	Homestudy set fortnightly relevant to the Sport/Topic being taught. End of Unit Practical Grades x2 Assessment Booklet x2 Sports	Homestudy set fortnightly relevant to the Sport/Topic being taught. End of Unit Practical Grades x2 Assessment Booklet x2 Sports EOY Practical Exam	Homestudy set fortnightly relevant to the Sport/Topic being taught. End of Unit Practical Grades x2 Assessment Booklet x2 Sports

Year 7	<i>How do we get students to use a range of tactics and strategies to overcome opponents in direct competition through team and individual games?</i>	<i>How do we get students to use a range of tactics and strategies to overcome opponents in direct competition through team and individual games?</i>	<i>How do we get students to develop their technique and improve their performance in other competitive sports and how do we get them to perform dances using advanced dance techniques within a range of dance styles and forms?</i>	<i>How do we get students to develop their technique &amp; improve their performance in other competitive sports &amp; how do we get them to perform dances using advanced dance techniques within a range of dance styles &amp; forms?</i>	<i>How do we get students to develop their technique and improve their performance in other competitive sports?</i>	<i>How do we get students to use a range of tactics and strategies to overcome opponents in direct competition through team and individual games?</i>
	Football Netball Volleyball Basketball Handball	Football Netball Volleyball Basketball Handball	Dance Gymnastics Fitness Badminton	Dance Gymnastics Fitness Badminton	Athletics	Ultimate Frisbee Rounders Cricket
<b>HPL</b>	<b>Collaborative Connection Finding</b>	<b>Collaborative Connection Finding</b>	<b>Practice Big Picture Thinking</b>	<b>Confident Collaborative Resilience Speed and Accuracy</b>	<b>Speed and Accuracy Confident</b>	<b>Self-Regulation Resilience</b>
Key Knowledge, Concepts and skills	<b>Outwitting Opponents/ Accurate Replication</b>	<b>Outwitting Opponents/ Accurate Replication</b>	<b>Exploring &amp; Communicating/ Exercising Safely and Effectively</b>	<b>Exploring &amp; Communicating/ Exercising Safely and Effectively</b>	<b>Performing at Max Levels/Accurate Replication</b>	<b>Outwitting Opponents /Identifying &amp; Solving/Accurate Replication</b>
Feedback & Assessment	Homestudy set fortnightly relevant to the Sport/Topic being taught. End of Unit Practical Grades x2 Assessment Booklet x2 Sports	Homestudy set fortnightly relevant to the Sport/Topic being taught. End of Unit Practical Grades x2 Assessment Booklet x2 Sports	Homestudy set fortnightly relevant to the Sport/Topic being taught. End of Unit Practical Grades x2 Assessment Booklet x2 Sports	Homestudy set fortnightly relevant to the Sport/Topic being taught. End of Unit Practical Grades x2 Assessment Booklet x2 Sports	Homestudy set fortnightly relevant to the Sport/Topic being taught. End of Unit Practical Grades x2 Assessment Booklet x2 Sports EOY Practical Exam	Homestudy set fortnightly relevant to the Sport/Topic being taught. End of Unit Practical Grades x2 Assessment Booklet x2 Sports

### **Substantive and disciplinary knowledge in PE**

**Substantive knowledge** in PE is based on deliberate practice and development of specific skills that can be used in a variety of disciplines, sports and games e.g.

Running, jumping, throwing and catching

Tactics within a team game e.g. strategies for attacking and defending

Being able to perform specific actions, balances and movements in line with year group expectations.

**Disciplinary knowledge** in PE comes through opportunities for the students to choose and apply their own actions, balances, movements and skills. Once they have mastered the specific skills, they have opportunities to apply these within sports and games and therefore have to choose different strategies and the best way to approach different challenges. As they move through school, their skills and knowledge around tactics become more complex and they have to work collaboratively to make decisions. There are lots of opportunities for the children to evaluate their performances and reflect on how they will improve next time.

Knowing What (Declarative Knowledge) v Knowing How (Procedural Knowledge)

e.g. Knowing which pass to use and knowing how to use it in a game.

**Key:**

Key Concepts

EDI

Assessment

Careers

HPL